North Hainault Allotment Holders Association & Protection Society Ltd Members'Newslefter Email:

children at the Allotmens



How lovely to see a youngster learning about the joys of growing your own veg. This photo was taken by a member of Allotment Growers UK. It would be great to see some of our members' children participating in this way! Come on folks **Get them involved!**

TRADING HUTS OPEN Sundays 10am to 12 noon

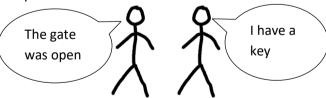
If you can't make it on a Sunday... Ask a Committee Member to arrange an alternative time to make a purchase.

Tetamus

Have you got protection against Tetanus? See your GP if you're not sure. Tetanus is a very serious bacterial infection that can be picked up via a cut or even a graze from soil and from rusty metal.

INTRUDERS

There have been reports of people who are not plotholders coming onto our sites. When challenged responses have been:



PLEASE LOCK THE GATES AT ALL TIMES

If you see someone you don't recognise - ask them who they are. They are TRESPASSERS on site - even if they used to have a plot. Ex tenants are supposed to return their keys ... letting themselves in when they no longer rent a plot does not give them right of access.

July 2017

Wildlife at the Allotment - Invertebrates

<u>Earthworms</u> - essential part of natural soil conditioning, incorporating humus and turning and draining the soil. The more you have the better your soil. Woodlice – an important part of the

<u>voodlice</u> – an important part of the decomposition process so great in the compost bin. Large numbers on the plot can cause damage to plant stems so keep the plot tidy.

<u>Millipedes</u> – feed on decaying wood and plants so they play a vital role in the recycling of nutrients and hence improving soil quality and fertility. <u>Slugs & Snails</u> – feed on dead and living plant materials. Great in the compost bin but not where young plants are growing! Difficult to keep under control.

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> <u>Centipedes</u> – they are food for small birds and they themselves eat small creatures including slugs & snails. They do not eat potatoes but can be found in tubers that have been attacked by slugs. <u>Mites & Ticks</u> – these are usually very small but large numbers can cause a lot of damage to plants. Red spider mite in particular is a real pest!



ARE YOU TAKING PHOTOS FOR THE ALLOTMENT PHOTO COMPETITION?

Details in the May 2017 Newsletter

${f A}$ is for ...

Apple, Artichoke, Asparagus, Aubergine.

${f B}$ is for ...

Bean, Beetroot, Blackberry, Broccoli, Brussels Sprouts

\mathbf{C} is for...

Cabbage, Carrot, Cauliflower, Celeriac, Celery, Chard, Chicory, Chives, Comfrey, Courgette, Cucumber.

The Allotment Committee

When you hear someone at the allotment complaining that there is something wrong with the water supply, that the paths are not maintained properly, that there is rubbish lying around, that the toilet isn't clean, that there are too many weeds and neglected plots ---

DON'T AGREE WITH THEM! STOP AND THINK! The Allotment Committee are just plot-holders like you. They volunteer to work as a team to do the best they can to maintain the allotment sites. You can make a big difference by looking after your plot and the paths around it AND by caring about the communal areas.

Volunteers Always Needed Can you spare some time to help? We are particularly looking for help with the plumbing jobs

Next Newsletter August 2017

Previous newsletters and more articles on our websites: nhaha.org.uk OR nnr-allotments.org.uk